Integrating Psychoanalytic Approaches to Psychotherapy

This 10-week clinical supervision group is open to therapists and therapists-in-training interested in developing their understanding and use of psychoanalytic theory in their clinical work. The group will address various psychoanalytic viewpoints and make use of readings and discussion of case material to bring these theories to life. Session content will be tailored to the professional needs and goals of group participants.

Readings and discussions will cover:

- Enhancing use of self in psychotherapy
- Recognizing and addressing unconscious communication, resistance and other defenses
- Working with transference and countertransference states
- Identifying and managing enactments

Group Status: Currently forming; Group is limited to 8 participants

Group Format: 90-minute sessions for 10 weeks; meeting every other week

Location: Center City, Philadelphia

Facilitator: ***Vicky Mesrie, Psy.D.*** is a licensed clinical psychologist in private practice in Center City. She specializes in providing psychoanalytic psychotherapy to create deep, meaningful, and lasting change in the lives of her patients. She has worked in various psychiatric hospitals and clinics providing psychoanalytic psychotherapy services to individuals across the lifespan, from diverse backgrounds, and of varying levels of functioning. She is currently an adjunct professor at New York University's Applied Psychology department where she teaches group dynamics. Her areas of research focus on the applications of attachment and psychodynamic theories in the supervisory relationship.

For information about fees and registration, email: vickymesriepsyd@gmail.com
or visit www.vickymesriepsyd.com